

Coptic Orthodox Patriarchate  
DIOCESE OF BIRMINGHAM  
ST. MARY & ST. MARK COPTIC CENTRE



بطريركية الأقباط الأرثوذكس  
ايارشية برمنجهام  
مركز السيدة العذراء والقديس مارمرقس

# What happened to Your Hand ?

*Greater love  
hath no man than  
this, that a man lay  
down his life  
for his friends.*

John 15:13





# The Holy week "The Pascha"

- It starts by Lasarus' Saturday to prepare us for the Lord's resurrection.
- We follow the Passion of our Lord Jesus Christ step by step and hour by hour to express our gratitude and our love for Him.
- We repeat the Pascha Hymn (Thoak Te-Ti Gome) confessing that His suffering for us is not out of weakness but rather to show His power and express His great love for us.
- Pascha means Passover, we have four Passovers in our lives:
  1. The first one is to **believe** that we can only be saved by the blood of the Lamb.
  2. The second is the crossing of the red sea, Dying for the world, living for God, symbolising **baptism**.
  3. The third, being the crossing of the desert, where those who **kept God's commandments** reached the promised land unlike those who failed to keep the commandments.
  4. And the final Passover is the crossing of the River Jordan; When the feet of the priests (who were carrying **The Ark of Covenant = The Holy Communion**) touched the water, separating the river and therefore allowing them to cross over unto the Promised Land.

## WHAT HAPPENED TO YOUR HAND?

Second edition (revised)

From Palm Sunday to Easter Sunday explaining all day everyday, with English, Coptic and Arabic hymns.  
(English letters) Also colour and pictures are used.

## The Pascha Hymn (Thoak Te-Ti Gome)

(Lord have mercy)

Yours is the power, the glory, the blessing and majesty  
forever Amen.

Emmanuel our God and our King.

Yours is the power, the glory, the blessing and majesty  
forever Amen.

My Lord Jesus Christ.

Yours is the power, the glory, the blessing and majesty  
forever Amen.

Our Father who art in Heaven.....

(Kirie-eleison)

Thoke Te-Tee Gome: nem pi oow: nem pi esmo: nem pi  
amahy: sha eneh Amen.

Emmanoeel Pennoty Penoro.

Thoke Te-Tee Gome: nem pi oow: nem pi esmo: nem pi  
amahy: sha eneh Amen.

Pashois Isos Pi-ekhrestos.

Thoke Te-Tee Gome: nem pi oow: nem pi esmo: nem pi  
amahy: sha eneh Amen.

Our Father who art in Heaven.....

(Yarabor-ham)

Laka al-Kowa wal magd wal baraka wal eza ela alabad.

Amen.

Emmano-eel Elahona wa malekna.

Laka al-Kowa wal magd wal baraka wal eza ela alabad.

Amen.

Ya raby yasooa almaseeh.

Laka al-Kowa wal magd wal baraka wal eza ela alabad.

Amen.

AS FROM THE ELEVENTH HOUR OF TUESDAY

We add to the second verse:

My Good Saviour

Pas-outir enaghasos (Coptic)

Mokhale-see el-saleh (Arabic)

Our Father who art in Heaven.....

AS FROM THE ELEVENTH HOUR OF FRIDAY EVE

We further add to the second verse:

My strength and my praise is the Lord who became a sacred salvation for me.

Ta-gom nem pa-esmo pe epshois af-sho-pe ne ev-so-tereya es-owab. (Coptic)

Kowate wa tas-behatee howa alrab sara lee khlasan mokadasan. (Arabic)

## The King of Peace Grant Us Your Peace

Efnoty nai nan  
ti-sho-nai eron  
ary oo-nai neman  
khen tek met ouro.  
Kyrialaison (x12)

God have mercy,  
grant us mercy,  
make mercy,  
in Your Kingdom.  
Lord have mercy (x6)

Ep-oro ente tihirini  
moi nan entek, hirini  
Sem nenan entek herini;  
ka nen nov-ee nan evol.  
Kyrialaison (x6)

O the King of peace  
grant us your peace,  
Give us your peace,  
and forgive us our sins.  
Lord have mercy (x6)

Gor-evol ennigagi  
ente ti ekeklisia

arisoft eros  
enneskem sha enneh.  
Kyrialaison (x6)

Disperse the enemies  
of the church,  
supported with your  
mighty forever.  
Lord have mercy (x6)

Emmanoeel pennouti  
khen tenmiti tinou  
Khen epo-oo ente pefiot  
nem piepnevma ethouab.  
Kyrialaison (x6)

Emmanuel our God  
amidst,  
now is the glory,  
and the Holy Spirit.  
Lord have mercy (x6)  
Entefesmo eron tiren  
enteftovo ennenhit  
enteftaltsho enny showny  
ente nen epsiki nem nensouma.  
Kyrialaison (x6)

May he bless us all,  
cleanse our hearts,

and heal all sickness,  
of our body and soul.  
Lord have mercy (x6)

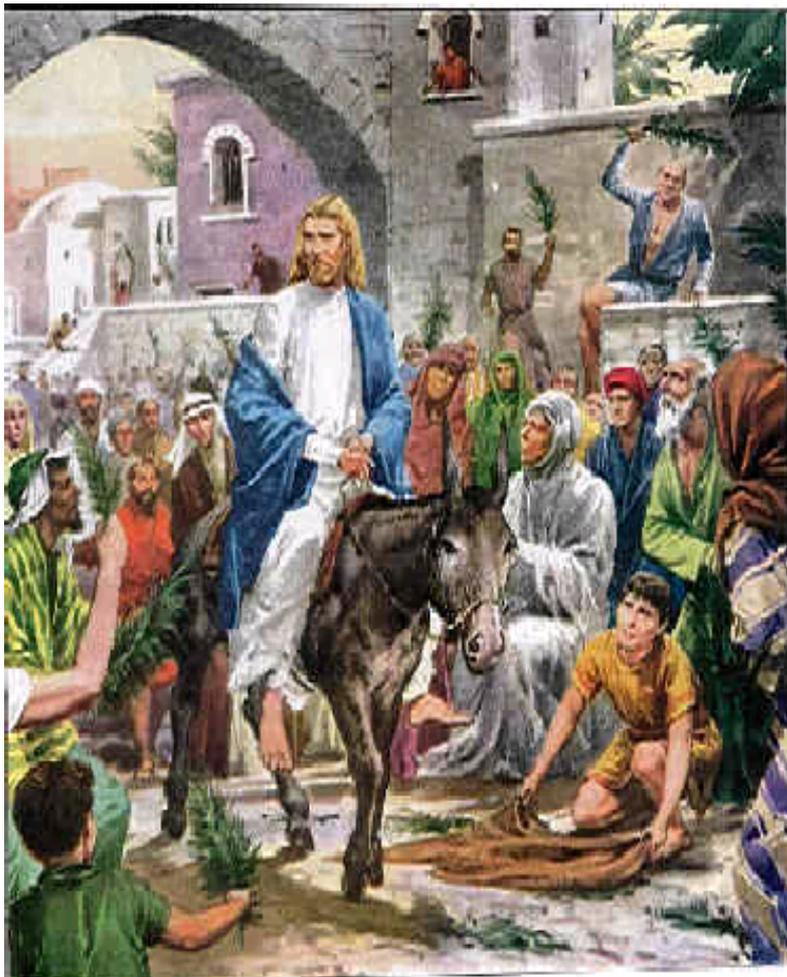
Tenoosht emmoko pekhristos  
nem pekiot enaghathos  
nem piepnevma ethouab  
je ak ashk aksoti emmon.

We worship You O' Christ,  
with Your Gracious Father,  
and the Holy Spirit,  
for You were crucified and  
saved us.

## Palm Sunday

Six days before the Passover, Jesus went to Bethany, to Lazarus' house where He was invited for supper. Mary, Lazarus' sister, anointed His feet with precious perfume as a gesture of love and gratitude after raising Lazarus from the dead.

The next day Jesus entered Jerusalem as a triumphant King.



Mt.21-17

Now when they drew near Jerusalem, and came to Bethany, at the Mount of Olives, Then Jesus sent two disciples, saying to them, "Go into the village opposite You, and immediately you will find a donkey tied, and a colt with her. Loose them and bring them to Me, and if anyone says anything to you, you shall say, "The Lord has need of them", and immediately He will send them.

Mk,11:11

So they went their way, and found the colt tied by the door outside on the street and they loosed it.

Lk. 11:1-11

And they brought him to Jesus. And they threw their own clothes on the colt, and they set Jesus on him. And as He went many spread their clothes on the road.

Jn 12:12-19

They took branches of palm trees and went out to meet Him, and cried out: "HOSANNA! Blessed is He who comes in the name of the Lord! The King of Israel."

## Hosanna in the Highest

Hosanna in the highest  
This is the king of Israel  
Blessed is He Who comes in the name  
Of the Lord of Hosts

He Who is sitting above the cherubim  
Today appeared in Jerusalem,  
Riding a colt with great glory  
And multitude of angels surrounding Him.

The crowds spread garments on the road,  
And they cut branches from trees  
While shouting and singing  
Hosanna to the Son of David.

Today these sayings have been fulfilled  
As they told in the prophets and proverbs  
As Zachariah prophesied and said  
A prophecy about our Lord Jesus Christ.

### Prayer

Come Lord and take control of my life  
Come Lord and rule with Your love  
Come Lord into my heart  
to be my King, my First, my Last, my Everything.

After Divine Liturgy: Funeral prayers are said for all people, as we do not pray for them during The Holy Week. If anyone were to pass away... they would only attend one hour of the Pascha's prayers.

## The ninth hour of Palm Sunday

### Jesus cleanses the temple

Mt 21:10-17

Jesus went into the temple, he threw out all the people who were buying and selling there.

He turned over the tables that belonged to the men who were exchanging different kinds of money and upset the benches of those who were selling doves.

Jesus said to all the people there: "It is written in the scriptures my temple will be a house where people will pray, but you are changing God's house into a hide out for robbers".

## The eleventh hour of Palm Sunday

### Jesus teaches about true greatness.

Mt 20:20

But Jesus called them to Himself and said,

" You know that the rulers of the gentiles lord it over them, and those who are great exercise authority over them.

Yet it shall not be so among you but whoever desires to be great, among you, let him be your servant.

Whoever desires to be first among you, let him be your slave- just as the son of man did not come to be served, but to serve, and to give His life a ransom for many"

## Monday Eve of the Holy Pascha of our Good Saviour

Jesus prepares His disciples to the sad events that will happen in Jerusalem.

He tells them very clearly that he is going to die, He also confirms that he is the Christ that they have been waiting for, and reminds them that Christ should die for the salvation of the world but that He will rise again.



## **The first hour of Monday Eve**

### **Jesus predicts His death**

Jn.12:-20-36

The hour has come that the son of Man should be glorified. Assuredly, I say to you, unless a grain of wheat falls on the ground and dies it remains alone; but if it dies, it produces much grain. He who loves his life will lose it, and he who hates his life in this world will keep it for eternal life

## **The third hour of Monday Eve**

### **Jesus asks His disciples if they really knew who He was.**

Lk .9:18-22

He asked them," Who do the crowds, say that I am?"  
So they answered and said;" John the Baptist, but some say Elijah: and others say one of the prophets has risen again. " He said to them "But you who do you say that I am?"

## **The sixth hour of Monday Eve**

### **Jesus predicts His sufferings**

Mk 10:32-34

Jesus took the twelve apostles aside and talked with them alone. He told them what would happen in Jerusalem.

The son of the man will be given to the leading priests and teachers of the law, they will say that He must die. They will give Him to the non-Jewish people, who will laugh at him and spit on him. They will beat him with whips and kill him, but on the third day after His death, He will rise to life again.

## **The ninth hour of Monday Eve.**

### **Peter confesses Jesus as the Christ**

Mk8: 27-33

"But who do you say I am?"

Peter answered and said to Him: " You are The Christ"

## **The eleventh Hour**

### **Jesus confirms His resurrection on the third day**

Mt 17: 19 23

"The Son of man is about to be betrayed into the hands of men and they will kill Him, and the third day He will be raised up"

Prayer:

Lord Jesus You ask me so often this same question that  
you've

Asked Your disciples who do you say I am?

Am I the Creator so far away in heaven?

Am I the Judge who seeks punishment?

Am I the Provider for material goods and success in the  
world?

My Lord help me, like Peter to recognise You as My  
Saviour,

My Father, my Friend and Captain of my life.

# Monday of the Holy Pascha Of our Good Saviour

Jesus left Bethany to go to the Temple to teach. On His way, He saw a fig tree full of leaves, but when He came near it He found no fruits, so He cursed the tree. This tree represents the Jewish nation, which looks good from outside with its rituals but has no fruits (no understanding of the heart of the law).

When Jesus entered the Temple, He felt jealous that His Father 's House is used as a market place, so He made a whip and got rid of all the merchants.

From that day on; the chief priests sought how they might destroy Him; for they feared Him because His teaching astonished all the people.

## The first hour of Monday

### The fig tree with no fruits



Mk. 11; 12-24

The next day as Jesus was leaving Bethany, He was hungry. He saw a fig tree in leaf. So he went to the tree to see if it had any figs on it, but he found no figs, only leaves.

It was not the right season for figs to grow.

So Jesus said to the tree: " May no one ever eat fruit from you again".

Jesus disciples heard him say this.

The third hour of Monday  
Jesus cleanses the Temple



Mk.11: 11-19

And Jesus went to the Temple and began to drive out those who bought and sold in the Temple and overturned the tables of the moneychangers and the seats of those who sold doves. And He would not allow anyone to carry wares through the Temple.

### The Sixth Hour of Monday

Jesus is a Jealous God

Jn .2: 13-17

And He said to those who sold doves, "Take these things away! Do not make My Father's house a house of merchandise!"

Then His disciples remembered that it was written, "Zeal for your House has eaten Me up."

### The ninth hour of Monday

The chief priests furious with Jesus

Mt.21: 21-23

Now when He came into the temple, the chief priests and the elders of the people confronted Him as He was teaching, and said, "By what authority are You doing these things? And who gave You this authority?"

## The eleventh hour of Monday

Jesus declares His divinity to the Jews

Jn.: 51-59

Jesus said to them, "Most assuredly, I say to you, before Abraham was, I AM"

Then they took up stones to throw at Him; but Jesus hid Himself and went out of the Temple, going through the midst of them, and passed by.

Prayer:

Lord Jesus, I have upset You many times by making  
my mind busy with the ambitions of the world  
my heart busy with the passions of the world  
my senses busy with the lusts of the world  
my body busy with the comforts of the world  
I have forgotten that I am a spiritual creature and that  
my soul is Your Holy Temple  
Come Lord and cleanse my soul  
Bring order peace and holiness to this chaos.

# Tuesday Eve of the Holy Pascha of our Good Saviour

Jesus warns that it is not easy to enter the Heavenly Kingdom, and that we should always be ready for His Second Coming.

Jesus also warns us of becoming Hypocrites (more concerned about how we look like rather than what we really are).

He will judge us according to the inner holiness not the outside piety.

## The first hour of Tuesday Eve.

The Gate to the kingdom is narrow

Lk.13: 23-30

And He said to them: "Strive to enter through the narrow gate, for many I say to you, will seek to enter and will not be able.

## The third hour of Tuesday Eve

Jesus weeps over Jerusalem

LK 13:31-35

"Jerusalem, Jerusalem! You kill the prophets, you kill with stones those men that God has sent you.



Many times I wanted to help your people, I wanted to gather them together as a hen gathers her chicks under her wings, but you did not let me.

Now your home will be left completely empty.

I tell you, you will not see me again until that time when you will say: " God bless the one who comes in the name of the Lord".

## **The Sixth hour of Tuesday Eve**

### **The Importance of watching**

Lk.21: 34-38

And that day comes on you unexpectedly. For it will come as a snare on all those who dwell on the face of the earth.

Watch therefore, and pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the Son of Man."

## **The Ninth Hour of Tuesday Eve.**

### **Jesus condemns Hypocrisy**

Lk.11: 37-52

"Now you Pharisees, make the outside of the cup and dish clean, but your inward part is full of greed and wickedness. Foolish ones! Did not He who made the outside make the inside also?"

## **The Eleventh Hour of Tuesday Eve**

Mk. 13:32-14: 2

Take heed Watch And Pray

Prayer;

How many times have you come to me, looking for fruits  
in my life that comfort Your Heart;  
and I have disappointed You.

Like this fig tree I made sure that I look beautiful from  
outside, while my inside is empty  
and lifeless.

Forgive me Lord for behaving like the Pharisees  
Who give importance to look good in the eyes of men  
rather than the eyes of God.

# Tuesday of the Holy Pascha Of our Good Saviour

Jesus was teaching all day in the Temple. He foretold his disciples about the destruction of the Temple and the ruin of Jerusalem.

He warned them about the necessity of being prepared to His Second Coming, when He will come to judge the whole world.

## The first hour of Tuesday

Without believing in Jesus we can not be saved.

Jn.8:21-29

".... For if you do not believe that I am He, you will die in your sins".

## The third hour of Tuesday

Jesus predicts the destruction of the Temple.

Matt 23:37-2:1,2

Jesus spent all day in the temple teaching.

Jesus left the temple and was walking away, but his followers came to show him the temple's buildings. Jesus asked:" Do you see all these buildings? I tell you the truth you will not see me again until that time when you will say: "God bless the one who comes in the name of the Lord"

## **The sixth hour of Tuesday**

Jesus is the light of the world

Jn.8: 12-20

"I am the light of the world. He who follows Me shall not walk in the darkness, but have the light of life.

## **The ninth hour of Tuesday**

Signs of the Times and the end of Age

Mt. 24: 3-35

...Immediately after the tribulation of those days the sun will be darkened, and the moon will not give its light; the stars will fall from heaven and the powers of the heavens will be shaken

## **The eleventh hour of Tuesday**

The parable of the talents.

The son of Man will judge everyone according to his deeds.

Mt.25: 14-26:2

Then the King will say, to those on His right hand, "Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food; I was thirsty And you gave Me drink I was a stranger and you took Me in I was

naked and you clothed Me I was sick and you visited Me;  
I was in prison and you came to Me."



Prayer:

Lord Jesus You have entrusted me with many gifts and abilities.

Unfortunately I have missed opportunities through neglect and laziness.

Help me Lord to use my talents wisely and to be faithful to my responsibilities so that Your name be Glorified in me. Amen

# Wednesday Eve of the Holy Pascha of our Good Saviour

Jesus continues to teach about the necessity to be prepared for His return.

He compares the Second Coming to a joyful wedding procession in which the unprepared cannot participate.

## The first Hour of Wednesday Eve

The parable of the wedding feast

Mt. 22:1-14

The Kingdom of Heaven is like a certain king who arranged a wedding for His son, and sent out his servants to call those who were invited and they were not willing to come.

...Then he said to his servants,"

The wedding is ready but those who were invited were not worthy"

## The third hour of Wednesday Eve

The faithful servant and the evil servant.

Mt.24: 36-51

"Blessed is that servant whom his master, when he comes will find so doing. Assuredly, I say to you that he will make him ruler over all his goods."

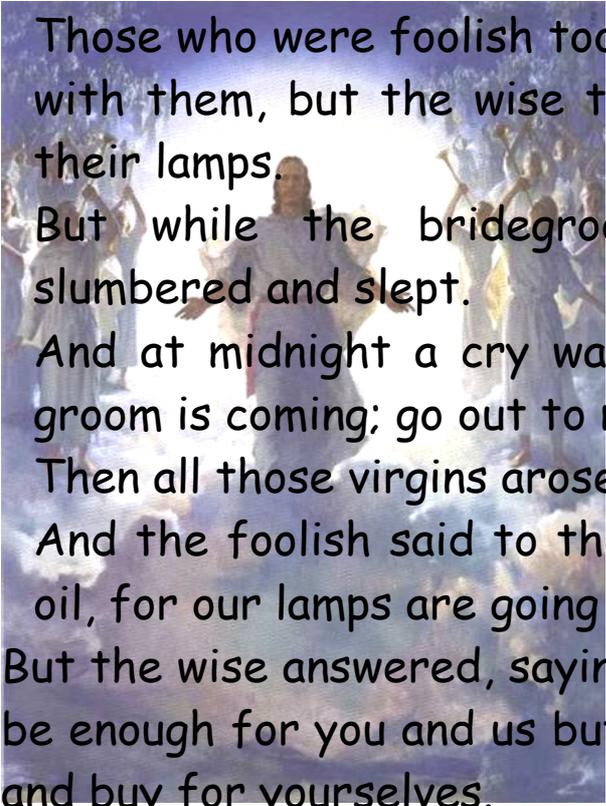
## The sixth hour of Wednesday Eve

### The parable of the ten virgins

Mt.25: 1-13

"The Kingdom of heaven shall be likened to ten virgins who took their lamps and went out to meet the bridegroom.

Now five of them were wise and five were foolish.



Those who were foolish took their lamps and took no oil with them, but the wise took oil in their vessels with their lamps.

But while the bridegroom was delayed they all slumbered and slept.

And at midnight a cry was heard: Behold, the bridegroom is coming; go out to meet Him.

Then all those virgins arose and trimmed their lamps.

And the foolish said to the wise, give us some of your oil, for our lamps are going out.

But the wise answered, saying, "No, lest there should not be enough for you and us but rather go to those who sell and buy for yourselves.

And while they went to buy, the bridegroom came, and those who were ready went in with him to the wedding; and the door was shut."

Jesus condemns the behaviour of the Pharisees who pay attention to smallest details of cleansing the outside, while ignoring God's demands for inner holiness.

### **The ninth hour of Wednesday Eve**

Jesus does not ask for outward righteousness  
But for inner holiness

Mt.23: 29;36

Woe to you , scribes and Pharisees

How can you escape the condemnation of Hell?

### **The eleventh hour of Wednesday Eve**

The Frustrated Pharisees wish to kill Jesus.

Jn.11:55.

Now both the chief priests and the Pharisees had given a command that if anyone knew where He was, he should report it that the might seize Him

## Wednesday of the Holy Pascha of our Good Saviour

Jesus spent Wednesday in Bethany after leaving the temple on Tuesday evening with no intention to go back.

*"Your house is left to you desolate for I say to you, you shall see me no more till you say blessed is he who comes in the name of the Lord"*

Two important events happened on that day:

The first one is Mary Lazarus sister anointing his feet with costly perfume.

The second one is Judas betrayal.

### The first Hour of Wednesday

The high priest prophesying that Jesus would die for the nation

Jn 11:46-56

Then the chief priests and the Pharisees gathered a council and said, "What shall we do? For this Man works many signs. If we left Him like this everyone will believe in Him, and the Romans will come and take away both our place and nation

Caiaphas, being high priest that year, said to them: "You know nothing at all nor do you consider that his expedient for us that one man should die for the people".

## **The third Hour of Wednesday**

**Judas betrays Jesus.**

LK 22:1-6

Then Satan entered Judas surname Iscariot, who was numbered among the twelve. So he went his way and conferred with the chief priests and captains how he might betray him to them.

## **The sixth Hour of Wednesday**

**The Anointing at Bethany.**

Jn 12:1-8

Six days before the Passover feast, Jesus went to Bethany where Lazarus lived.

(Lazarus is the man Jesus raised from death)

There, they had dinner for Jesus. Martha served the food.

Lazarus was one of the people eating with Jesus.

Mary brought in half a litre of very expensive perfume made from pure nard.

She poured the perfume on Jesus feet, and then she wiped his feet with her hair.

The sweet smell from the perfume filled the whole house.

Judas Iscariot, one of Jesus followers, was there.



He was the one who would later turn against Jesus. Judas said: "This perfume was worth 300 silver coins, it should have been sold and the money given to the poor". But Judas did not really care about the poor, he said this because he was a thief.

He was the one who kept the moneybox, and he

often stole money from it.

Jesus answered: "Leave her alone, it was right for her to save this perfume for today, the day for me to be prepared for burial. The poor will always be with you, but you will not always have me".

## The ninth Hour of Wednesday Jesus accepts the love offering

Mt 26:3-16

But when Jesus was aware of it, he said to them: "Why do you trouble this woman? For she has done a good work

for me .For in pouring this fragrant oil on My Body she did it for My burial.

**The eleventh Hour of Wednesday:**  
**Jesus has come to do the Will of the Father.**

Jn 12:27-36

"Now my soul is troubled, and what shall I say? Father save Me from this hour? But for this purpose I came to this hour.

**Prayer:**

Lord Jesus you have accepted Mary's offering because there was great love behind it.

It gave Your Heart such comfort in the time of Your sadness

Only love can sooth your wounded heart for being rejected, misunderstood and betrayed.

Here I am Lord and if my heart can comfort you take it this is the only thing I have .

I Love You.

## Thursday Eve of the Holy Pascha of our Good Saviour

Jesus announced to His disciples that He is giving His Life willingly for the salvation of the world and that it is His passion to suffer for all of us.

### The first hour of Thursday Eve

Jesus gives His Life with His own free Will



Jn 10:17-21

"Therefore, My Father loves me, because I lay down My Life that I may take It again.

No one takes It from Me, but I lay It down Myself.

I have power to lay It down and I have power to take It again."

## **The third hour of Thursday Eve**

The woman is criticised for offering an expensive gift while Judas betrays Him for few pieces of silver

Mk 14:3-11

"But there were some who were indignant among themselves, and said, "Why was this fragrant oil wasted? For it might have been sold for more than three hundred denarii and given to the poor.

... Then Judas Iscariot, one of the twelve, went to the chief priests to betray Him to them.

And when they heard they were glad, and promised to give him money. So he sought how He might conveniently betray Him.

## **The sixth hour of Thursday Eve**

Final appeal to the public to believe in Him

Jn 12:36-43

"He has blinded their eyes and hardened their hearts lest they should see with their eyes and understand with their heart lest they should turn, so that I should heal them.

## **The ninth hour of Thursday Eve**

Jesus proclaims His Divinity

Jn 10:29-38

"I and my Father are One".

## The eleventh hour of Thursday Eve Jesus and the Father are One

(Jn 12:44-50)

"He who believes in Me, believes not in Me, but in Him who sent Me... And he who sees Me sees Him who sent Me,"

Prayer:

Lord Jesus You have given Your Life by Your own Will for the sake of Your Love to us and before they come to capture You and condemn You, You already broke Your Body and offered Your precious Blood.

I thank you Lord for such gift. Make me worthy of such Love...

# Maundy Thursday of the Holy Pascha of our Good Saviour

When it was the first day of unleavened bread, this was the day for the Passover lambs had to be scarified.

Jesus ordered two of his disciples to go and prepare the Passover meal so that he can eat it with them. In the afternoon He went to saint Mark's house where they prepared the Passover meal.

Usually that day is the fourteenth of Nissan when the Jews stop working by moon and get rid of any leavened bread from their houses. Between noon and sunset they slaughter the Passover lamb.

In the afternoon, Jesus came back to Jerusalem with His disciples to eat the last Passover meal.

Passover reminds us with the angel of death killing first



born of Egyptians from the first born of the king t the first born of the poorest Egyptian.

Among the Israelis no one died. The angel of death spared them when he saw the blood of the lamb which God had commanded them to sprinkle on the door posts.

Unleavened Bread Feast:

Lamb slaughtered (must have nothing wrong in it).

Blood Sprinkled on the door posts.

Roast the whole lamb over a fire with its head, legs and organs.

They must eat it with better herbs and bread made with out yeast

Nothing left over until morning.

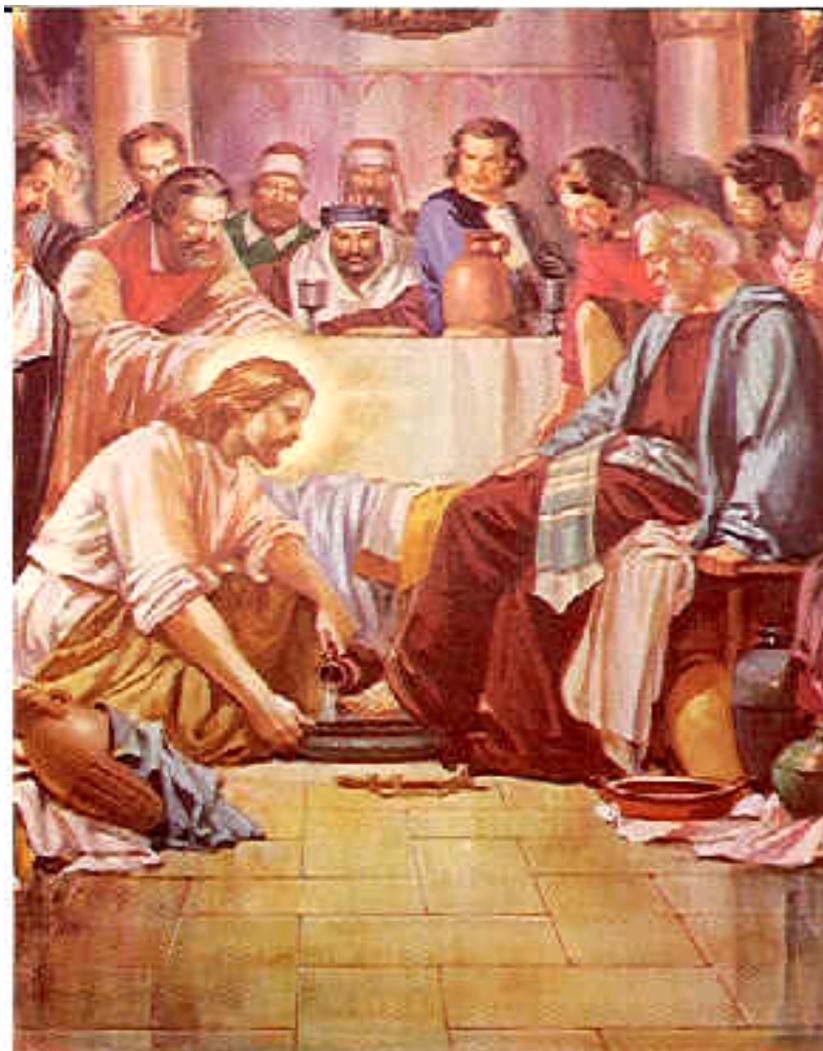


In that day Jesus taught his disciples a great lesson of humility and how they should serve each other.

He took off His outer robe and tied around His waist a long towel.

He poured water in a basin and began to wash the feet of the apostles.

Also on that day Jesus instituted the Holy Eucharist at the Last Supper.



## **The first Hour of Maundy Thursday**

### **Last Passover for Jesus**

Lk 22:7-13

"Then come the day of unleavened bread, when the Passover lamb has to be sacrificed"

## **The third Hour of Maundy Thursday**

Mt 26:17-19

"My time is at hand; I will keep the Passover at your house with my disciples"

## **The sixth Hour of Maundy Thursday**

Mk 14:12-16

" And His disciples went out, and came into the city and found it just as He had said to them, and they prepared the Passover."

## **The ninth Hour of Maundy Thursday**

**(Lectionary of Maundy Thursday (Lacan))**

Jn 13:1-17

"It was almost time for the Jewish Passover feast. Jesus knew that it was time for Him to leave this world and He loved them all way till the end.

Jesus and His followers were at the evening meal. The devil had already persuaded Judas Iscariot to turn against Jesus (Judas was the son of Simon).

Jesus knew that the Father had given Him power over everything. He also knew that He had come from God and was going back to God. So during the meal Jesus stood up and took off his outer clothing. Taking a towel, He wrapped it around His waist.

Then He poured water into a bowl and began to wash the followers' feet. He dried them with the towel that was wrapped around Him.

Jesus came to Simon Peter, but Peter said to Jesus: "Lord, are you going to wash my feet?"

Jesus answered: "You don't understand what I am doing now, but you will understand later".

Simon Peter answered: " Lord, wash not only my feet , but also my hands and head too!"

Jesus said: "After a person has had a bath, his whole body is clean. He needs only to wash his feet. And you are clean, but not all of you".

Jesus knew who would turn against Him. That is why Jesus said, "Not all of you are clean"

When He had finished washing their feet, He put on His clothes and sat down again.

Jesus asked: "Do you understand what I have just done for you?"

You call me "Master" and "Lord" and this is right because that is what I am. I, your Lord and Master have washed your feet, so you also should wash each other's feet

I did as an example for you so you should do as I have done for you.

I tell you the truth, a servant is not greater than his master, a messenger is not greater than the one who sent him. If you know these things, you will be happy if you do them.

### The Liturgy of the water



# The Holy Liturgy

## Gospel (Mt 26:20-29)

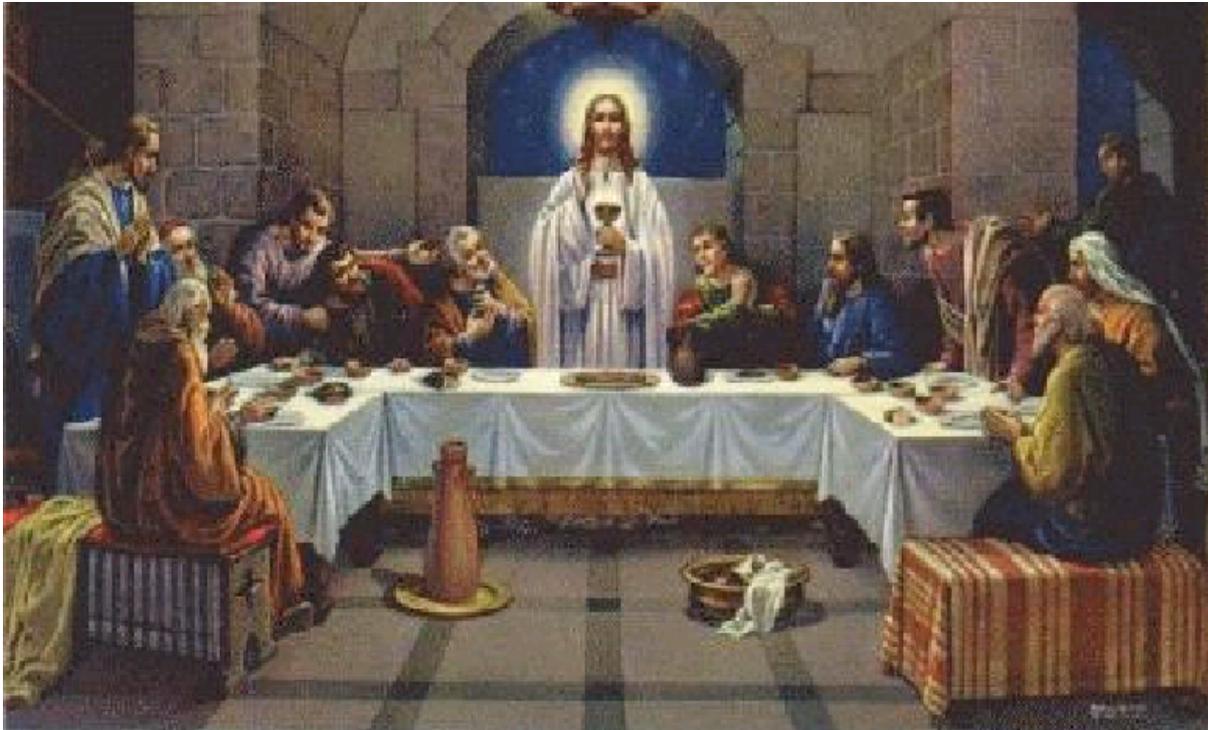
Our Lord changed bread and wine into his Body and Blood and offered Himself to God as a sacrifice.

At the same time He told the apostles that He would die on the next day. This would be the bloody sacrifice.

But Jesus wanted this unbloody sacrifice to continue on earth till the end of time.

Finally, Jesus gave the apostles His last instruction

"A new commandment I give you, that you love one another as I have loved you"



"In the evening Jesus was sitting at the table with His twelve disciples, they were all eating.

Then Jesus said, "I tell you the truth one of you twelve will turn against Me".

This made the disciples very sad, each one said to Jesus, " Surely, Lord, I am not the one who will turn against You, am I?"

Jesus answered: " The man who has dipped his hand with Me into the bowl is the one who will turn against Me".

The Son of the Man will die \_The scriptures say will happen.

But how terrible it will be for the person who the Son of the Man to be killed.

It would be better for him if he had never been born.

Then Judas said to Jesus, " Teacher surely I am not the one, am I?"

Jesus answered, "Yes it is you"

While they were eating, Jesus took some bread; He thanked God for it and broke it. Then He gave it to his disciples and said, "Take this bread and eat it, this is my Body".

Then He took a cup. He thanked God for it and gave it to the disciples.

He said, "all of you drink of this, for this is my Blood of the new covenant, which is being shed for many unto the forgiveness of sins...Do this in remembrance of Me"

I tell you this I will not drink of this fruit of vine again until that day when I drink it new with you in my Father's Kingdom.

They sang a hymn then they went out to the Mount of Olives."

## The eleventh hour of Maundy Thursday Jesus predicts His betrayal

Jn13:21-30

"He was troubled in spirit and testified and said: "most assuredly, I say to you one of you will betray me"

### Prayer

Oh Christ you washed the feet of the disciples to teach us that we must always approach Holy Communion in holiness. You did not leave us orphans, but to prove Your love You became our food, our support, our life when we receive You in Holy Communion.

# Friday Eve of the holy Pascha of our good saviour

## The first hour of Friday Eve Jesus comforts His disciples

Jn.13: 33-14: 25

" In My Father's house are many mansions , if it were not so I would have told you. I go to prepare a place for you. And if I go and prepare a place for you , I will come again and receive you to Myself; That where I am there you may be also."

Jn.14:26- 15: 25

" This is My commandment, that you love one another as I have loved you  
Greater love has no one than this than to lay down one's life for his friends, you are my friends if you do whatever I command you."

Jn. 15: 26-16:33

Most assuredly, I say to you that you will weep and lament but the world will rejoice. And you will be sorrowful, but your sorrow will be turned into joy. A woman, when she is in labour, has sorrow because her

hour has come but as soon as she has given birth to the child, she no longer remembers the anguish, for joy that a human being has been born into the world. Therefore you now have sorrow; but I will see you again and your joy no one will take from you.

Jn.17: 1-26

Holy Father, keep through Your name those whom You have given Me,  
That they may be one as we are.

### The third Hour of Friday eve

Jesus predicts Peter's denial.

Mt.26: 30-35

"All of you will be made to stumble because of Me this night, for it is written, *"I will strike the Shepherd and the sheep of the flock will be scattered"*

Mk. 14:26-31

But Peter said to Him: "Even if all are made to stumble, yet I will not be."

Lk. 22:31-39

And the Lord said, "Simon, Simon! Indeed, Satan has asked for you, that he may sift you as wheat. But I have prayed for you, that your faith should not fail; and when you have returned to Me, Strengthen your brethren.

But he said to Him " Lord I am ready to go with You both to prison and to death."

Then He said," I tell you Peter, the rooster will not crow this day before you will deny three times that you know Me."

Jn. 18: 1-2

He went out with his disciples over the Brook Kidron, where there was a garden which He and His disciples entered. And Judas who betrayed Him, also knew the place; for Jesus often met there with His disciples.

### The sixth Hour of Friday Eve

The agony of Jesus in the garden of Gethsemane

Mt:26: 36- 46

And He took with Him Peter and John and James, and He began to be sorrowful and deeply distressed. Then He said to them, " My soul is exceedingly sorrowful, even to death. Stay here and watch with Me."

Mk.14: 32-42

He went a little farther, and fell on the ground, and prayed that if it were possible the hour might pass from Him. And He said." Abba Father, all things are possible for You. Take this cup away from Me ; nevertheless, Not What I will but what You will."



Lk.22: 40-46

Then an angel appeared to Him from Heaven, strengthening Him. And being in agony, He prayed more earnestly. And His sweat became like great drops of blood falling down to the ground. When He rose up from prayer, and had to come to His disciples, He found them sleeping

from sorrow. Then He said to them, "Why do you sleep? Rise and pray, lest you enter into temptation."

Jn.18; 3-9

Then Judas, having received a detachment of troops, and officers from the chief priests and Pharisees, came there with lanterns, torches, and weapons. Jesus therefore, knowing all things that would come upon Him, Went forward and said to them, "Whom are you seeking?" they answered Him: "Jesus of Nazareth" Jesus said to them: "I am He"

When He said to them "I am He" They drew back and fell on the ground.

### The ninth Hour of Friday Eve

#### Jesus is Arrested -Betrayal of Judas

Mt. 26: 47-58

Then immediately he went up to Jesus and said to Him "Greetings Rabbi!" and kissed Him.



And Jesus said to him "Friend why have you come?  
Then they came and laid hands on Jesus took Him.

Mk 14: 43-54

And then Jesus said to them:" Have you come out against a robber with swords and clubs to take Me? I was daily

with you in the temple teaching, you did not take Me. But the scriptures has to be fulfilled."

Then they all forsook Him and fled.

Lk. 22: 47-55

Jesus said to him: "Judas are you betraying the Son of Man with a kiss?"

Jn.18: 10-14

Jesus said to Peter:" Put your sword into the sheath. Shall I not drink the cup which My Father has given Me?"

### The eleventh hour of Friday Eve

Jesus before the high Priest

Peter denies Knowing Christ.

Mt. 26: 59-

Now the chief priest, the elders and all the council sought false testimony against Jesus to put Him to death but found none. But at last two false witnesses came forward and said," this fellow said, I am able to destroy the temple of God and to build it in three days.

Mk.14: 55

But he kept silent and answered nothing.

Again he High priest asked Him saying to Him: "Are You the Christ, the Son of the Blessed?"

And Jesus Said to him "I am. And you will see the Son of Man sitting at the right hand of the Power, and coming with the clouds of Heaven.

... Then some began to spit on Him, and blindfold Him, as to beat Him and to say to Him, "Prophecy!"



Lk.22: 56-65

But Peter Said: "Man, I do not know what you are saying and immediately, while he was speaking, the rooster crowed. And the Lord turned and looked at Peter...

Then Peter went out and wept bitterly.

Jn .18: 15-27

One of he officers who stood by struck Jesus with the palm of his hand, saying: "Do You answer the high priest like that?"

### Prayer

Lord Jesus now I want to remain in silence, and in my heart I repeat Your words "Father, may thy will be done"  
My Lord Jesus, I don't want my heart to sleep anymore.  
Here I am, I present myself and I am with You. Help me now to watch and pray with You.

# Good Friday of the Holy Pascha of our Good Saviour

Jesus spent the whole night before Annas who tied Him then sent Him to Caiaphas the high priest.

After questioning Him Caiaphas tore his clothes as a sign that Jesus has blasphemed by admitting that He is the Christ, the Son of God.

Caiaphas, by tearing His clothes ended the priesthood in Israel.

All His disciples left Him, Peter said three times that he doesn't know Him

The soldiers guarding Jesus Said cruel things to Him, spat on him, covered His eyes, made fun of Him all night.

By dawn Jesus was condemned to death, but the sentence of death had to be authorised by the roman governor at that time, so Jesus was sent to Pilate.

## The First Hour of Good Friday

Jesus is brought before Pilate.

Pilate sent Jesus to Herod.

Judas felt sorry for betraying Jesus, hanged himself



Mt.27: 1-4

When morning came, all the chief priests and elders of the people took counsel against Jesus to put Him to death. And when they had bound Him, They led Him away and delivered Him to Pontius Pilate the governor.

Then Judas, His betrayer seeing that He had been condemned, was remorseful and brought back the thirty pieces of silver to the chief priests and elders saying, "I have sinned by betraying innocent blood."

And they said, "What is that to us? You see to it!" And he threw down

The pieces of silver in the temple and departed, and went and hanged himself.

Mk.15: 1-5

Then Pilate asked Him, "Are You the King of the Jews?" And he answered and said to him, "It is as you say."

Lk 22: 66- 23:12

Then Herod with his Soldiers treated Jesus with contempt and mocked Him,(made fun of Him) .They dressed Him with in a kingly robe and then sent Him back to Pilate.

Jn 18: 28-40

Pilate said to them:" I find no fault in Him at all. But you have a custom that I Should release someone to you at the Passover. Do you therefore want me to release to you the King of the Jews?

### Prayer

Lord Jesus You were judged but you never judged. It is a terrible moment for You to be just and innocent and in return to be misjudged and wounded. My Lord help me now to preserver in trials so when suffering comes, I can bear them with You.



### The Third Hour of Good Friday;

The crowds demanded that Jesus is killed on the cross and that Barrabas is set free.

The soldiers (the scourging) whip Jesus.

The soldiers put a crown of thorns on His Head.

#### Mt.27:15-26

But the chief priests and elders persuaded the multitudes that they should ask for Barrabas and destroy Jesus.

#### Lk.23: 13-25

Pilate therefore wishing to release Jesus again called out to them.

But they shouted saying, "Crucify Him, crucify Him!"

#### Mk.15: 6-25

So Pilate wanting to gratify the crowd, released Barrabas to them; and He delivered Jesus, after he had scourged Him to be crucified.

Then the soldiers led Him away into the hall called Praetorium, they called together the whole garrison. And they clothed Him with purple; and they twisted a crown of thorns, put it on His Head and began to salute Him, "Hail King of the Jews", Then they struck Him on the head with a reed and spat on Him



Jn.19: 1-12

Then Jesus came out, wearing the crown of thorns and the purple robe.

And Pilate said to them, " Behold the Man".

### Prayer

Oh Lord Jesus they have stripped You from Your clothes and exposed You to the gaze of the crowd. You have been stripped to clothe my nakedness with Your Holiness, my pride with Your modesty, my selfishness with Your unconditional love.



## The Sixth Hour of Good Friday:

Jesus is nailed to the cross

The penitent thief

Jesus confides His mother to His disciple John.

Mt.27: 27-45

They took the robe off Him, put His own clothes on Him and led Him away to be crucified.

Now when they came out, they found a man of Cyrene, Simon by name...

Him they compelled to bear His cross

And when they had come to a place called Golgotha, They gave Him sour wine mingled with gall to drink. But when He had tasted it He could not drink then they crucified Him and divided His garments casting lots, that it might be fulfilled which was spoken by the prophet " They divided My garments among them, and for My clothing they cast lots".

Mk.15: 26-33

And the inscription of His accusation was written above: THE KING OF THE JEWS. With Him they also crucified two robbers, one on His right and the other on His left.

Lk.23:26-44

Then one of the criminals who were hanged blasphemed Him saying, "If You are the Christ save Yourself and us" But the other, answering, rebuked him, saying," Do you not even fear God, seeing you are under the same

condemnation? And we indeed justly, for we receive the due reward of our deed; but this Man has done nothing wrong". Then he said to Jesus, "Lord, remember me when You come into Your Kingdom".

And Jesus said to him, "Assuredly, I say to you, today you will be with Me in Paradise"

And it was about the sixth hour, and there was darkness over all the earth until the ninth hour.

Jn.19: 13-37

Now there stood by the cross of Jesus His mother Mary, and His mother's sister Mary the wife of Clopas, and Mary Magdalene.

When Jesus therefore saw His mother, and His disciple whom He loved standing by, He said to His mother "Woman, behold your son"

Then He said to his disciple, "Behold your mother". And from that hour that disciple took her to his own home.

### Prayer

Lord Jesus they pierced Your Hands and Feet.

Oh my soul, the Son of God, maker of Heaven and Earth unable to move because of your sins. Here I am oh Lord, I want to nail my passions with You so that from now on Your will may be done in my life.



## The ninth hour of Good Friday

### Jesus dies on the cross

Mt.27: 46-50

And about the ninth hour Jesus cried out with a loud voice saying: "Eli.Eli, Lama sabachtani? That is My God, My God, Why have You forsaken Me?"

Mk .15: 34-37

Then someone ran and filled a sponge full of sour wine, put it on a reed and offered it to Him to drink

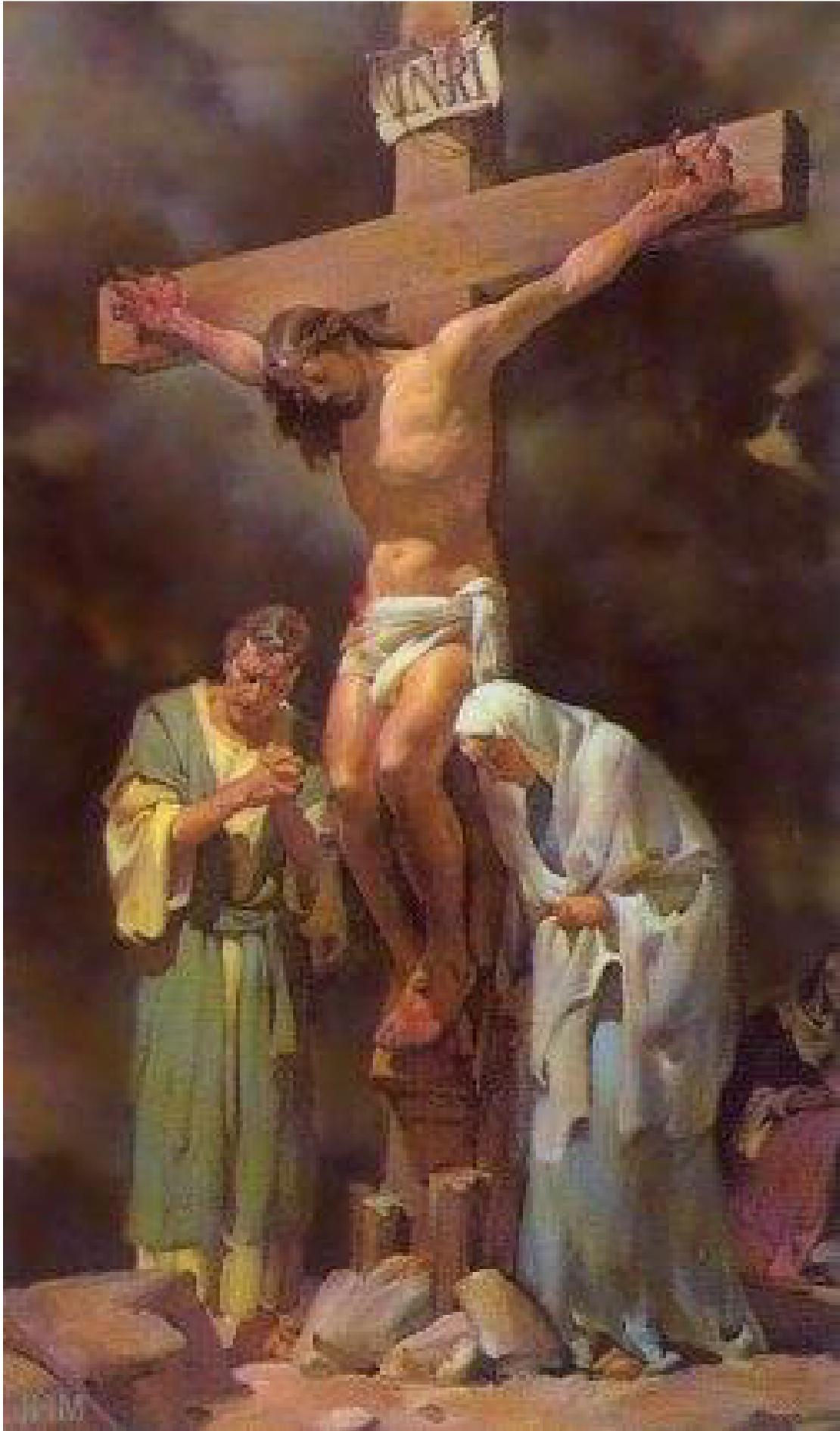
Lk. 23: 45'46

Then the sun was darkened, and the veil of the temple was torn into two.

And when Jesus had cried out with a loud voice, He said: " Father into Thy Hands I command My Spirit.

Jn.19; 28-30

He said: " It is finished". And bowing His Head, He gave up His Spirit.



## The Eleventh Hour of Good Friday

Nature proclaims the Divinity of Jesus.

Mt 27: 51-56

...And The earth quaked, and the rocks were split, and the graves were opened; and many bodies of the saints who had fallen asleep were raised;

Mk. 15:38-41

Now when the centurion who stood opposite Him, saw that He cried out like this and breathed His last, He said, "Truly this Man was the Son of God!".

Lk .23: 47 -49

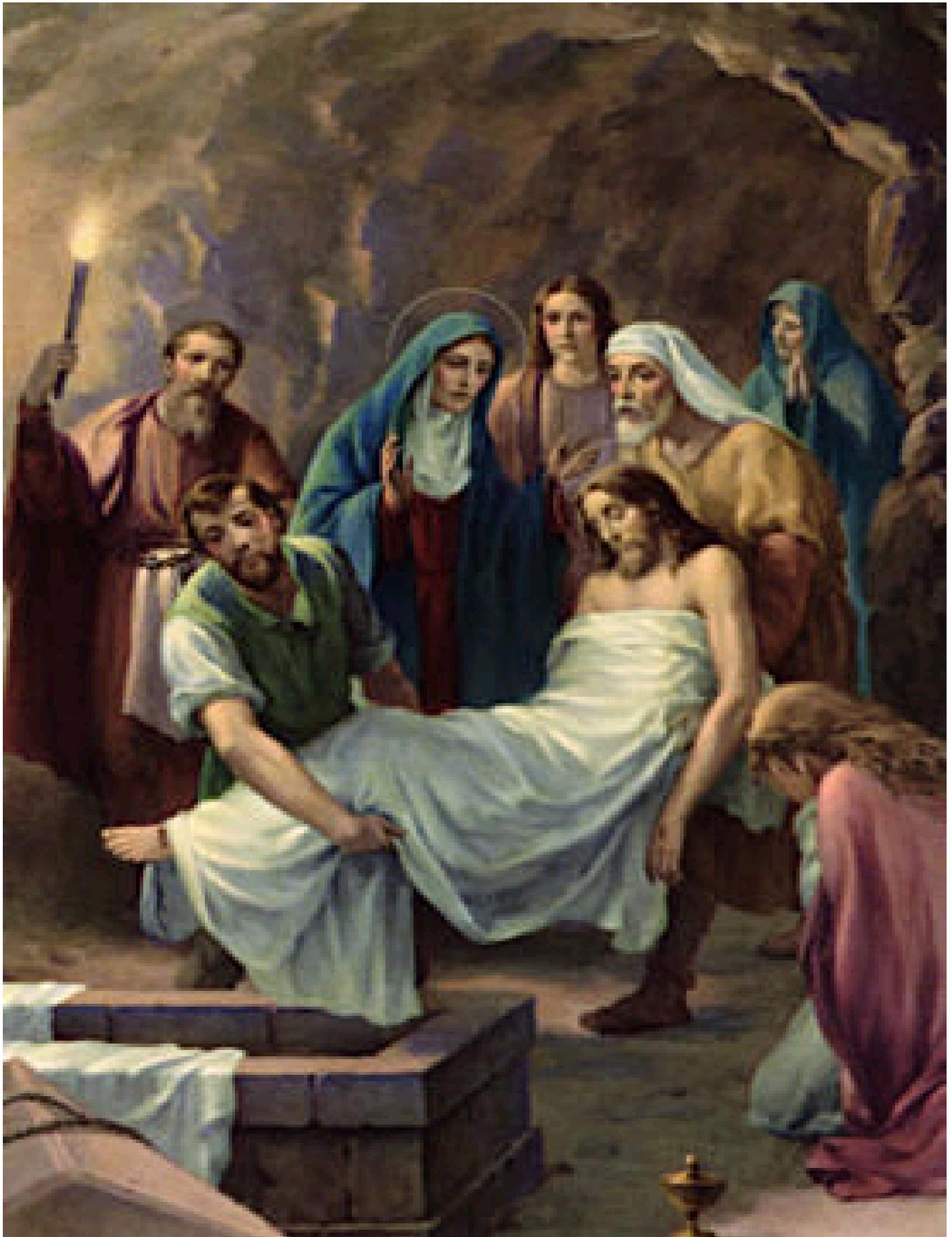
And a whole crowd who came together to that sight, seeing what had been done, beat their breasts and returned.

Jn. 19: 31-37

But one of the soldiers pierced His side with a spear, and immediately blood and water came out and he who has seen testified, and his testimony is true; and he knows that he is telling the truth, so that you may believe.

### Prayer

Oh Lord Jesus, You let Your side to be pierced by a spear so that You can open away for me to Your heart.



## The Twelfth Hour of Good Friday.

### Jesus is buried

Mt. 27: 57-61

Now when the evening had come there came a rich man from Arimathea, named Joseph, who himself was a disciple of Jesus This man went to Pilate and asked for the body of Jesus.

Mk.15:2-16:1

And He laid Him in a tomb, which had been hewn out of the rock, and rolled stone against the door of the tomb.

Lk.23: 50

And the women who had come with Him from Galilee followed after, and they observed the tomb and how His body was laid. Then they returned and prepared spices and fragrant oils. And they rested on the Sabbath according to the commandment.

Jn.19: 38

And Nicodemus, who at first came to Jesus by night also, came, bringing a mixture of myrrh and aloes, about a hundred pounds. Then they took the body of Jesus and bound it in strips of linen with spices, as the custom of the Jews is to bury.











